No. 23-10362

IN THE UNITED STATES COURT OF APPEALS FOR THE FIFTH CIRCUIT

Alliance for Hippocratic Medicine; American Association of Pro-Life Obstetricians & Gynecologists; American College of Pediatricians; Christian Medical & Dental Associations; Shaun Jester, D.O.; Regina Frost-Clark, M.D.; Tyler Johnson, D.O.; George Delgado, M.D.,

Plaintiffs-Appellees

v.

Food & Drug Administration; Robert M. Califf, Commissioner of Food and Drugs; Janet Woodcock, M.D., in her official capacity as Principal Deputy Commissioner, U.S. Food and Drug Administration; Patrizia Cavazzoni, M.D., in her official capacity as Director, Center for Drug Evaluation and Research, U.S. Food and Drug Administration; United States Department of Health and Human Services; Xavier Becerra, Secretary, U.S. Department of Health and Human Services,

Defendants-Appellants

v.

Danco Laboratories, L.L.C.,

Intervenor-Appellant

HUMAN COALITION'S MOTION FOR LEAVE TO FILE BRIEF AS AMICUS CURIAE IN OPPOSITION TO APPELLANTS' EMERGENCY MOTION FOR A STAY PENDING APPEAL Human Coalition moves this Court for leave to file the attached brief as amicus curiae in opposition to Appellants' emergency motion for a stay pending appeal of the District Court's April 7, 2023 order staying the effective date of the U.S. Food and Drug Administration's September 28, 2000 approval of mifepristone. The parties have consented to the filing of this amicus brief. While Fed. R. App. P. (a)(1)–(2) permits the filing of amicus briefs during the "consideration of a case on the merits" with the consent of the parties, the Rule does not expressly permit the filing of amicus briefs during this Court's consideration of a motion. In an abundance of caution, Human Coalition thus moves for leave to file an amicus brief in opposition to Appellants' request for a stay pending appeal.

Human Coalition is a nonprofit organization committed to rescuing children, serving families, and making abortion unthinkable and unnecessary by offering pregnant women and girls life-affirming counsel and tangible, needed services. Human Coalition does this by operating its own specialized women's care clinics and virtual clinics in major cities across the country. Human Coalition has a strong interest in protecting women, girls, and their unborn children from the dangers of medication

abortion. The staff and volunteers at Human Coalition's clinics have seen firsthand the harm that medication abortion causes mothers. Human Coalition thus has a substantial interest in the outcome of this litigation, which seeks to invalidate the FDA's approval of the dangerous medication abortion regimen.

The brief explains the physical and mental harms that mifepristone has caused women and girls. The brief further discusses the harms that mifepristone will cause to women and girls should the FDA's dangerous deregulation of mifepristone be permitted to take effect.

Consistent with Federal Rule of Appellate Procedure 29(a)(4)(E), counsel for amicus curiae states that no counsel for any party authored this brief in whole or in part, and no person or entity, other than amicus and its counsel, made a monetary contribution intended to fund the preparation or submission of this brief.

The proposed amicus curiae brief complies with the type-volume limitations for an amicus brief on a motion because it uses fewer than half of the 5,200 words permitted for a motion of response. *See* Fed. R. App. P. 27(d)(2)(A); *id.* at 29(a)(5).

Dated: April 11, 2023

Respectfully submitted,

/s/ Elissa M. Graves

Elissa M. Graves The Law Office of Elissa Graves 1907 Bonanza Dr. Sachse, TX 75048 (214) 733-3213 elissamgraves@gmail.com

Attorney for amicus curiae Human Coalition

Document: 64-1 Page: 5 Case: 23-10362 Date Filed: 04/11/2023

CERTIFICATE OF COMPLIANCE

This brief complies with the type-volume limitation of Fed. R. App.

P. 27(d)(2)(A) because it contains 384 words according to the word count

feature in Microsoft Word. This brief also complies with the typeface

requirements of Fed. R. App. P. 32(a)(6) because it has been prepared in

a proportionally-spaced typeface using Microsoft Word in 14-point

Century Schoolbook font.

/s/ Elissa M. Graves

Elissa M. Graves

Counsel for Amicus Curiae

Dated: April 11, 2023

CERTIFICATE OF SERVICE

I hereby certify that on April 11, 2023, the foregoing amicus brief was filed electronically with the Clerk of the Court for the United States Court of Appeals for the Fifth Circuit through the Court's CM/ECF system. I certify that all participants in the case who are registered CM/ECF users will be served by the appellate CM/ECF system.

/s/ Elissa M. Graves

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Defendants-Appellants

v.

Danco Laboratories, L.L.C.,

Intervenor-Appellant

Appeal from the United States District Court for the Northern District of Texas No. 2:22-cv-00223-Z

BRIEF AMICUS CURIAE ON BEHALF OF HUMAN COALITION IN SUPPORT OF APPELLEES AND IN OPPOSITION TO APPELLANTS' EMERGENCY MOTION FOR A STAY PENDING APPEAL

Elissa M. Graves The Law Office of Elissa Graves 1907 Bonanza Dr. Sachse, TX 75048 (214) 733-3213 elissamgraves@gmail.com

Dated: April 11, 2023

CORPORATE DISCLOSURE STATEMENT

Under Fed. R. App. P. 26.1 and 5th Cir. R. 26.1, Amicus Curiae Human Coalition states that it is a non-profit organization, has no parent corporation, and does not issue stock.

Dated: April 11, 2023

Respectfully submitted,

<u>/s/ Elissa M. Graves</u> Elissa M. Graves Attorney for Amicus Curiae

CERTIFICATE OF INTERESTED PARTIES

The undersigned counsel of record certifies that the following listed persons and entities—as described in the fourth sentence of Circuit Rule 28.2.1—have an interest in the outcome of this case. These representations are made in order that the judges of this court may evaluate possible disqualification or recusal.

Plaintiffs-Appellees

Alliance for Hippocratic Medicine
American Association of Pro-Life Obstetricians & Gynecologists
American College of Pediatricians
Christian Medical & Dental Associations
Shaun Jester, D.O.
Regina Frost-Clark, M.D.
Tyler Johnson, D.O.
George Delgado, M.D.

Counsel for Plaintiffs-Appellees

Erik Christopher Baptist Erica Steinmiller-Perdomo Erin Morrow Hawley Matthew S. Bowman Alliance Defending Freedom 440 First Street NW Suite 600 Washington, DC 20001

Christian Stewart Morgan Williamson LLP 500 S Taylor Suite 900

Amarillo, TX 79101

Denise Harle Alliance Defending Freedom 1000 Hurricane Shoals Rd., NE Ste D1100 Lawrenceville, GA 30043

Julie Marie Blake Alliance Defending Freedom 44180 Riverside Pkwy Landsdowne, VA 20176

Defendants-Appellants

U.S. Food and Drug Administration

U.S. Department of Health and Human Services

Robert M. Califf, M.D., in his official capacity as Commissioner of Food and Drugs, U.S. Food and Drug Administration

Janet Woodcock, M.D., in her official capacity as Principal Deputy Commissioner, U.S. Food and Drug Administration

Patrizia Cavazzoni, M.D., in her official capacity as Director, Center for Drug Evaluation and Research, U.S. Food and Drug Administration

Xavier Becerra, in his official capacity as Secretary, U.S. Department of Health and Human Services

Counsel for Defendants-Appellants

Brian M. Boynton Leigha Simonton Sarah E. Harrington Michael S. Raab Cynthia A. Barmore Noah T. Katzen

Christopher A. Eiswerth Daniel Schwei Emily B. Nestler Julie Straus Harris Kate Talmor

Intervenor-Appellant

Danco Laboratories LLC

Counsel for Intervenor-Appellant

Catherine Emily Stetson
Jessica Lynn Ellsworth
Kaitlyn Golden
Lynn Whipkey Mehler
Marlan Golden
Philip Katz
Hogan Lovells
555 Thirteenth Street NW
Washington, DC 20004

Ryan Patrick Brown Ryan Brown Attorney at Law 1222 S Fillmore St Amarillo, TX 79101

Amici and Counsel

Ethics and Public Policy Center
M. Edward Whelan III
Charles W. Fillmore
H. Dustin Fillmore III

The Chattanooga National Memorial for the Unborn Darald John Schaffer Samples Jennings Clem & Fields PLLC 130 Jordan Avenue

Chattanooga, TN 37421

Doctors for America

Christopher Morten Columbia Law School 435 W 116th St (Jerome Greene Hall) New York, NY 10027

Thomas S Leatherbury Thomas S Leatherbury Law PLLC 1901 N Akard St Dallas, TX 7520

American Center for Law and Justice

Edward Lawrence White , III American Center for Law & Justice 3001 Plymouth Road Suite 203 Ann Arbor, MI 48105

State of Missouri

Joshua Divine Office of The Missouri Attorney General 207 W High St Po Box 899 Jefferson City, MO 65102

Human Coalition Elissa Michelle Graves 1907 Bonanza Drive Sachse, TX 75048

State of Mississippi, State of Alabama, State of Alaska, State of Arkansas, State of Florida, State of Georgia, State of Idaho, State of Indiana, State of Iowa, State of Kansas, State of Louisiana, State of Kentucky, State of Montana, State of Nebraska, State of Ohio, State of Oklahoma, State of South Carolina, State of South Dakota, State of

Tennessee, State of Texas, State of Utah, State of Wyoming

Justin Lee Matheny Mississippi Attorney General Office 550 High Street Suite 1200 Jackson, MS 39205

States of New York California, Colorado, Connecticut, Delaware, Hawaii, Illinois, Maine, Maryland, Massachusetts, Michigan, Minnesota, Nevada, New Jersey, New Mexico, North Carolina, Oregon, Pennsylvania, Rhode Island, Washington, Wisconsin, Washington DC

Galen Sherwin NYS Office of The Attorney General Executive State Capital Albany, NY 12224

Life Collective Inc

Darren L McCarty McCarty Law PLLC 1410b W 51st Street Austin, TX 78756

Family Research Council

Michael F Smith The Smith Appellate Law Firm 1717 Pennsylvania Ave NW Suite 1025 Washington, DC 20006

Judicial Watch Inc

Meredith Di Liberto Judicial Watch Inc 425 Third Street SW, Suite 800 Washington, DC 20024

Advancing American Freedom

John Marc Wheat Advancing American Freedom 801 Pennsylvania Ave NW Suite 930 Washington, DC 20004

Concerned Women for America

Mario Diaz Concerned Women for America Legal 1000 N Payne St Alexandria, VA 22314

Greer Donley, R. Alta Charo, I. Glenn Cohen, Marsha Cohen, Nathan Cortez, Rebecca Eisenberg, Henry Greely, George Horvath, Peter Barton Hutt, Joan Krause, Holly Fernandez Lynch, Elizabeth McCuskey, Jennifer Oliva, Jordan Paradise, Christopher Robertson, Joanna Sax, Allison Whelan, Diana Winters, Patricia Zettler

Robert John Winson Covington & Burling LLP 1999 Avenue Of The Stars Los Angeles, CA 90067

Alysia Brianna Cordova Mullin Hoard & Brown LLP 500 S Taylor Suite 800 Amarillo, TX 79101

Beth E Braiterman Covington & Burling LLP 850 10th Street NW Washington, DC 20001

Denise Esposito

Covington and Burling LLP 850 10th Street NW Washington, DC 20001

Emile Katz 850 10th St NW Washington, DC 20268

Guillaume Julian Covington & Burling 850 Tenth Street NW Washington, DC 20001

Julia F Post Covington & Burling LLP 850 Tenth Street NW Washington, DC 20001

Lewis A Grossman Covington & Burling LLP 850 10th St., NW Washington, DC 20268

Richard Biggs Mullin Hoard & Brown LLP 500 S Taylor Suite 800 Amarillo, TX 79109

Robert A Long , Jr Covington & Burling LLP 850 Tenth Street NW Washington, DC 20001

American College of Obstetricians and Gynecologists

Molly A Meegan ACOG General Counsel's Office 409 12th Street SW Washington

Washington, DC 20024

Adam Bresler Aukland-Peck Debevoise & Plimpton LLP 66 Hudson Boulevard New York, NY 10001

Matthew W Sherwood McCarn & Weir 905 S. Fillmore Suite 530 Amarillo, TX 79101

Megan McGuiggan Debevoise & Plimpton LLP 801 Pennsylvania Avenue NW Ste 500 Washington, DC 20004

Shannon Rose Selden Debevoise & Plimpton LLP 66 Hudson Boulevard New York, NY 10001

Susan B. Anthony Pro-Life America, Catholic Health Care Leadership Alliance, The National Catholic Bioethics Center, Catholic Bar Association, Catholic Benefits Association, Christ Medicus Foundation

Murphy S Klasing Weycer, Kaplan, Pulaski & Zuber, P.C. 11 Greenway Plaza Suite 1400 Houston, TX 77046

67 Members of Congress

Fernando M Bustos Bustos Law Firm PC P.O. Box 1980 Lubbock, TX 79408-1980

Carolyn McDonnell Americans United for Life 1150 Connecticut Ave. NW Ste 500 Washington, DC 20036

American Medical Association, Society of Maternal and Fetal Medicine, American Academy of Family Physicians, American Gynecological & Obstetrical Society, American Society for Reproductive Medicine, Council of University Chairs of Obstetrics & Gynecology, North American Society for Pediatric and Adolescent Gynecology, Nurse Practitioners in Women's Health, Society of Family Planning, Society of Gynecologic Oncology, Society of OB/GYN Hospitalists

Adam Bresler Aukland-Peck Debevoise & Plimpton LLP 66 Hudson Boulevard New York, NY 10001

> Matthew W Sherwood McCarn & Weir 905 S. Fillmore Suite 530 Amarillo, TX 79101

Megan McGuiggan Debevoise & Plimpton LLP 801 Pennsylvania Avenue NW Ste 500 Washington, DC 20004

Shannon Rose Selden Debevoise & Plimpton LLP 66 Hudson Boulevard New York, NY 10001

Texas Business Leaders

John Clay Sullivan S|L Law PLLC 610 Uptown Boulevard, Suite 2000

Cedar Hill, TX 75104

Charlotte Lozier Institute

Cristina Martinez Squiers Schaerr | Jaffe LLP 1717 K Street NW Suite 900 Washington, DC 20006

Gene C Schaerr Schaerr | Jaffe LLP 1717 K Street NW Suite 900 Washington, DC 20006

Coalition For Jewish Values Healthcare Council

Murphy S Klasing Weycer, Kaplan, Pulaski & Zuber, P.C. 11 Greenway Plaza Suite 1400 Houston, TX 77046

State of Arizona

Joshua Bendor Office of the Arizona Attorney General 2005 N Central Avenue Phoenix, AZ 85004

Objector and Counsel

News Media Coalition

Peter Blackmer Steffensen SMU Dedman School of Law P.O. Box 750116 Dallas, TX 75275-0116

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INTEREST OF AMICUS CURIAE¹

Human Coalition is a nonprofit organization committed to rescuing children, serving families, and making abortion unthinkable and unnecessary by offering pregnant mothers life-affirming counsel and tangible, needed services. Human Coalition operates its own specialized women's care clinics and virtual clinics in major cities across the country. Human Coalition has a strong interest in protecting women and their unborn children from the dangers of medication abortion.

INTRODUCTION

Politics should never trump the lives of women. But when the FDA approved the medication abortion regimen—and later removed basic safeguards to protect mothers from the harms of a dangerous drug—it chose politics over the health of women.

Medication abortion is a procedure that involves taking two prescription drugs to end a pregnancy: mifepristone and misoprostol. When mifepristone was first approved, it gained approval only under the

¹ Pursuant to Fed. R. App. P. 29(a)(4)(E), amicus states that no counsel for any party authored this brief in whole or in part, and no person or entity, other than amicus and its counsel, made a monetary contribution intended to fund the preparation or submission of this brief. All parties have consented to the filing of this brief.

restrictive "Risk Evaluation and Mitigation Strategy" (REMS) regulatory scheme, "a drug safety program that the [FDA] can require for certain medications with serious safety concerns to help ensure the benefits of the medication outweigh its risks." Initially, the drug could be dispensed only in medical facilities by an approved medical provider. But even with the REMS restrictions in place, women experienced injury to their physical and mental health as a result of medication abortion. And in 2021, the FDA eliminated the in-person safety protocols. Now, the entire abortion process can take place without any physician interaction or oversight. Women will be harmed by the FDA's reckless removal of these important safeguards.

⁻

² FDA, *Risk Evaluation and Mitigation Strategies*, https://www.fda.gov/drugs/drug-safety-and-availability/risk-evaluation-and-mitigation-strategies-rems.

³ FDA, Questions and Answers on Mifepristone for Medical Termination of Pregnancy Through Ten Weeks Gestation,

https://www.fda.gov/drugs/postmarket-drug-safety-information-patients-and-providers/questions-and-answers-mifepristone-medical-termination-pregnancy-through-ten-weeks-gestation.

I. Medication abortion has caused—and will continue to cause—significant physical harm to women.

a. Medication abortion causes serious complications.

Medication abortion physically harms women. According to the FDA, mifepristone caused 28 deaths since its approval.⁴ Medication abortion results in other serious complications, most commonly bleeding, infection, and ongoing pregnancy.⁵ As of June 2022, 1,048 hospitalizations, 604 blood transfusions, and 414 infections (including 71 severe infections)—with a total of 4,213 adverse events—were reported.⁶ But the FDA data is likely incomplete. Despite the risks associated with mifepristone, the FDA only requires deaths to be reported.⁷ For this

⁴ FDA, Mifepristone U.S. Post-Marketing Adverse Events Summary Through 6/30/2022, https://www.fda.gov/media/164331/download.

⁵ FDA, Highlights of Prescribing Information: Mifeprex (mifepristone) Tablets, 200 mg,

https://www.accessdata.fda.gov/drugsatfda_docs/label/2016/020687s020lbl.pdf; see also AAPLOG, Dangers of Relaxed Restrictions on Mifepristone, supra note 7 at 2–4 (internal citations omitted).

⁶ FDA, Mifepristone U.S. Post-Marketing Adverse Events Summary Through 6/30/2022, https://www.fda.gov/media/164331/download.

⁷ FDA, Mifeprex clinical review at 48–49,

https://www.accessdata.fda.gov/drugsatfda_docs/nda/2016/020687Orig1s020MedR.pdf; Tessa Longbons, Analysis: FDA Decision Ignores Data on Complications, Puts Women at Risk, CHARLOTTE LOZIER INSTITUTE (Dec. 16, 2021), https://lozierinstitute.org/analysis-fda-decision-ignores-data-on-complications-puts-women-at-risk/.

reason, the rate of severe complications and deaths from medication abortion is likely higher than the FDA data suggests.

The lack of mandatory reporting for adverse events other than death means that even serious complications are not reported. First, the abortion provider may not be the same one treating a woman's medication abortion complications. One study suggests clinicians other than the abortion provider often manage her emergency complications. Thus, treating providers may not know about the relationship between the adverse event and mifepristone. Second, medical professionals may be unable to trace every deadly infection back to the use of these drugs, as there are potential intervening causes. And finally, a physician may fail to report serious complications simply because they are not required to do so.

One recent study affirms mifepristone causes more complications than the FDA data suggests. It found the rate of abortion-related emergency room visits following medication abortion increased over

⁸ Kathi Aultman, et al., Deaths and Severe Adverse Events after the use of Mifepristone as an Abortifacient from September 2000 to February 2019, ISSUES IN LAW & MED. Vol. 36, No.1, 3–26 (2021).

500% from 2002 through 2015.9 The study also discovered that 60.9% of these emergency room visits were miscoded as spontaneous miscarriages instead of accurately reported as medication abortion complications. When compared to data for surgical abortion, women who underwent chemical abortion were at a 53% greater risk of visiting the emergency room for an abortion-related reason. 11

Now that the FDA eliminated the precaution that women see a physician in-person to obtain a medication abortion, it can be administered without a physical exam, diagnostic ultrasound, blood tests, or any interaction with the abortion provider. The entire abortion process can take place within a woman's home, without any physician oversight. This will lead to increases in undetected ectopic pregnancies, failure to detect rH factor incompatibility, and misdiagnosis of gestational age, all of which can lead to severe—and even fatal—complications.

⁹ James Studnicki, et al., *A Longitudinal Cohort Study of Emergency Room Utilization Following Mifepristone Chemical and Surgical Abortions, 1999–2015*, HEALTH SERVICES RESEARCH AND MANAGERIAL EPIDEMIOLOGY (Nov. 9, 2021),

https://journals.sagepub.com/doi/full/10.1177/23333928211053965.

 $^{^{10}}$ *Id*.

¹¹ *Id*.

b. Human Coalition's clients are misinformed about risks associated with medication abortion and are therefore unable to provide informed consent to mifepristone.

The FDA's diminished protocols leave women in the dark about their abortions. Despite the risk of serious harm, abortion providers often give insufficient, limited, or misleading information to women seeking medication abortion. ¹² In one study, 14% of women reported being inadequately prepared about what to expect during their medication abortion and many felt openly deceived. ¹³ In their own words, women wished they had more information about side effects, the intensity of cramping and bleeding, what to do after passing the baby, and potential negative emotions like fear, uncertainty, sadness, regret and pain. ¹⁴

Unfortunately, these experiences are pervasive. Human Coalition served approximately 45,000 pregnant women last year. Women who visit Human Coalition's care clinics and call their help line consistently

¹² Katherine A. Rafferty & Tessa Longbons, #AbortionChangesYou: A Case Study to Understand the Communicative Tensions in Women's Medication Abortion Narratives, HEALTH COMM. Vol. 36, No. 12, 1485–94 (2021),

https://www.tandfonline.com/doi/full/10.1080/10410236.2020.1770507.

 $^{^{13}}$ *Id*.

 $^{^{14}}$ *Id*.

report they were not provided adequate information about their medication abortion. Many are not even informed about the medication abortion process—they may not know that they will see the remains of their child and can experience significant pain and bleeding. Abortion providers also consistently fail to inform clients when to seek help if a complication arises.

Informed consent is "fundamental in both ethics and law." ¹⁵ According to the American Medical Association, "[t]he process of informed consent occurs when communication between a patient and physician results in the patient's authorization or agreement to undergo a specific medical intervention." ¹⁶ In seeking informed consent, a physician should:

Present relevant information accurately and sensitively[.] The physician should include information about: (i) the diagnosis (when known); (ii) the nature and purpose of recommended interventions; (iii) the burdens, risks, and expected benefits of all options, including forgoing treatment...¹⁷

¹⁵ American Medical Association Code of Medical Ethics, *Opinion 2.1.1: Informed Consent*, https://code-medical-ethics.ama-assn.org/ethics-opinions/informed-consent.

 $^{^{16}}$ *Id*.

¹⁷ *Id*.

Under this definition, when patients are not provided accurate medical information about what they will experience, side effects, or risks associated with mifepristone, they cannot provide informed consent to medication abortion.

Human Coalition's clinics often serve women who were not provided accurate information about medication abortion and its risks. Abortion providers are reported to minimize concerns or side effects—"easy process," "quick recovery," and "like taking over the counter meds." Or—as one study found—material misrepresentations: "it's just a pill" and "if you by chance are in pain." Some Human Coalition clients who were prescribed medication abortion expressed they were told by the abortion provider that "it is as easy as taking Advil." Many clients report that they were not told about seeing fetal remains. Women call Human Coalition nurses panicking in the middle of their abortions, shocked by the reality of what they experience

Human Coalition has served many women whose medication abortions failed and found themselves still pregnant. Several clients were unknowingly ectopic when they arrived at Human Coalition with

¹⁸ Rafferty & Longbons, *supra* note 12.

abortion pills in hand. Human Coalition sonographers provided potentially life-saving ultrasounds.

Without informed consent, mothers may not know about the physiological symptoms that will occur during medication abortion. And they may not know about the side effects and risks of taking the medication. They may not even know what symptoms to look for to determine whether a serious complication is occurring. And now these patients may never see the abortion provider.

Women deserve accurate and complete information, not material omissions or mistruths. Without it, it is impossible for them to give informed consent.

II. Abortion psychologically damages women.

Abortion—whether it be by medication or surgery—causes significant mental health problems in women, increasing the risk of depression, anxiety, substance abuse, and suicide. Mothers who choose abortion often experience grief, sadness, and feelings of loss. 19 The data

¹⁹ David C. Reardon, The abortion and mental health controversy: A comprehensive literature review of common ground agreements, disagreements, actionable recommendations, and research opportunities, SAGE OPEN MED. (2018),

and stories of post-abortive women shows that medication abortion inflicts unique psychological pain on mothers.

a. Women who have an abortion of any kind experience a higher rate of mental health disorders compared to women who carry their pregnancies to term.

Abortion can seriously harm a woman's mental health. Research indicates that women face an 81% increase in risk of mental health disorders after receiving an abortion.²⁰ These women also face a 34% increased risk of anxiety, 37% increased risk of depression, and 155% increased risk of suicidal behavior.²¹ "[M]ost social and medical science scholars [agree] that a minimum of 20% to 30% of women who abort suffer from serious, prolonged negative psychological consequences, yielding at least 260,000 new cases of mental health problems each year."²²

https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6207970/ (internal citations omitted).

²⁰ AAPLOG, Committee Opinion 6: Induced Abortion & the Increased Risk of Maternal Mortality at 8, https://aaplog.org/wp-content/uploads/2020/01/FINAL-CO-6-Induced-Abortion-Increased-Risks-of-Maternal-Mortality.pdf (internal citations omitted).

²¹ *Id.* (internal citations omitted).

²² AAPLOG, *Practice Bulletin: Abortion and Mental Health* at 6, https://aaplog.org/wp-content/uploads/2019/12/FINAL-Abortion-Mental-Health-PB7.pdf (internal citations omitted).

For some women who have abortions, their mental suffering leads to a greater risk of suicide. Medical research shows that U.S. women face nearly double the risk for suicide compared to women who carry their pregnancies to term. In one study of 173,279 low-income women in California, researchers "found that women who underwent abortions had nearly double the chance of dying in the following two years, and 'had a 154 percent higher risk of death from suicide' than if they gave birth."23 This study concluded that "[h]igher death rates associated with abortion persist over time and across socioeconomic boundaries," which "may be explained by self-destructive tendencies, depression, and other unhealthy behavior aggravated by the abortion experience."24

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²³ Hannah Howard, New Study: Elevated Suicide Rates Among Mothers after Abortion, CHARLOTTE LOZIER INSTITUTE (Sept. 10, 2019), https://lozierinstitute.org/new-study-elevated-suicide-rates-among-mothers-after-abortion/ (internal citations omitted); see also David C. Reardon et al., Deaths associated with pregnancy outcome: a record linkage study of low income women, SOUTHERN MED. J. Vol. 95, No. 8, 834–41 (Aug. 2002), https://pubmed.ncbi.nlm.nih.gov/12190217/. ²⁴ David C. Reardon et al., Deaths associated with pregnancy outcome: a record linkage study of low income women, SOUTHERN MED. J. Vol. 95, No. 8, 834–41 (Aug. 2002).

b. Medication abortion inflicts unique psychological harm on women.

Medication abortion plagues the mental health of mothers undergoing the procedure. Although many studies outline the psychological consequences of undergoing an abortion generally, there are few studies that speak to the psychological effects unique to medication abortion. One study examined the effects of medication abortion on women and showed that: 83% of women reported that their medication abortion changed them (77% reported being changed in a negative way); 77% explicitly stated that they regretted their decision; and 38% reported issues with anxiety, depression, drug abuse, and suicidal thoughts because of the abortion.²⁵

The physical experience of medication abortion can be traumatizing. During medication abortion, women often experience severe cramping, contractions, and bleeding. The entire process can be a psychologically taxing ordeal, as bleeding can last from several hours to several *weeks*. In a space where there are few scientific studies, most

²⁵ Rafferty & Longbons, *supra* note 12.

²⁶ Women on Web, *When will you start bleeding and how long will it last?*, https://www.womenonweb.org/en/page/484/when-will-you-start-bleeding-and-how-long-will-it-last.

sources on the psychological harm of medication abortion discuss the various responses of traumatized women and their account of the psychologically taxing event.²⁷ For example, one source gathered indepth responses from women stating:

- "I looked down and screamed,' she said. 'It was not just a blob of tissue. I had given birth to what looked like a fully formed, intact 14-week-old fetus covered in blood.' The court document says she 'endured eight years of alcoholism, divorce, suicidal thoughts, rage-filled outbursts and debilitating depression." 28
- "Another woman . . . said, 'There was so much pain and blood I thought I might die' before she passed a gestational sac about the size of a tennis ball in which she could see her baby. 'I sat and held him and cried.' She later suffered from anorexia, abusive relationships and post-traumatic stress disorder, which a counselor traced directly to her abortion[.]"²⁹
- "I feel like I lost a part of my soul with that baby,' another woman . . . said. "The [abortion] pill is so easy it doesn't give the mother time to truly reflect on what her actions will be doing and the lifelong consequences it can cause," . . .

²⁷ Newsweek Staff, *Blood and Tears*, NEWSWEEK (September 17, 1995), https://www.newsweek.com/blood-and-tears-183058.

²⁸ Celeste McGovern, Study Confirms Women's Testimonies About Abortion Pill's Link to Depression, Anxiety, NAT'L CATHOLIC REG. (July 30, 2019), https://www.ncregister.com/daily-news/study-confirms-womens-testimonies-about-abortion-pills-link-to-depression-a.

²⁹ Id.

To me, it seems a very easy way for the business to make a quick buck by feeding on the fear of the scared and naive mother, who will be the one that is forced to live with the consequences, while the business profits and moves on to the next mother."30

Unlike surgical abortions, a mother sees the remains of her aborted child. These factors add to the psychological pain that is unique to medication abortion.³¹ To compound this pain, women are often alone when they experience the effects of the medication abortion. The FDA further isolates women from in-person physician interaction.

CONCLUSION

Amicus Human Coalition accordingly requests that this Court deny Appellants' request for a stay pending appeal.

Respectfully submitted,

/s/ Elissa M. Graves
Elissa M. Graves
Texas Bar No. 24090135
The Law Office of Elissa Graves
1907 Bonanza Dr.
Sachse, TX 75048

³⁰ Celeste McGovern, Study Confirms Women's Testimonies About Abortion Pill's Link to Depression, Anxiety, supra note 28.

³¹ Pauline Slade, et al., *Termination of pregnancy: Patient's perception of care*, J. OF FAMILY PLANNING & REPRODUCTIVE HEALTH CARE Vol. 27, No. 2, 72–77 (2001),

 $[\]underline{https://srh.bmj.com/content/familyplanning/27/2/72.full.pdf}.$

> (214) 733-3213 elissamgraves@gmail.com

Attorney for amicus curiae Human Coalition

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CERTIFICATE OF COMPLIANCE

This brief complies with the type-volume limitation of Fed. R. App.

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/s/ Elissa M. Graves

Elissa M. Graves

Counsel for Amicus Curiae

Dated: April 11, 2023

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CERTIFICATE OF SERVICE

I hereby certify that on April 11, 2023, the foregoing amicus brief was filed electronically with the Clerk of the Court for the United States Court of Appeals for the Fifth Circuit through the Court's CM/ECF system. I certify that all participants in the case who are registered CM/ECF users will be served by the appellate CM/ECF system.

/s/ Elissa M. Graves